

Bath

with



TIME TO
create

BOMBERS

SUPPLIES

- Medium size bowl
- Small bowl or glass measuring cup
- Whisk
- Disposable gloves (optional)
- Small bowls if adding food coloring
- Molds (can be plastic eggs, muffin tins, or silicon molds; NOTE: the larger the mold the longer it takes to dry.)

INGREDIENTS

- 1 cup baking soda
- ½ cup cornstarch
- ½ cup citric acid* (available online & craft stores)
- ½ cup Epsom salt
- 1 tbsp water
- 3 tbsp melted coconut oil
- 6-8 drops of essential oil (optional)
- Food coloring (optional)

DIRECTIONS

1. Combine all of the dry ingredients in the medium bowl and whisk together.
2. In a small bowl or measuring cup, whisk together coconut oil, essential oil, and water.
3. Very slowly add the oil mixture to the dry ingredients. Pouring slowly helps make sure the mixture fizzes as little as possible. Mix together until it resembles wet sand and everything is fully incorporated.
4. If you want to add color NOW is the time! Separate mixture into as many bowls as you want color (if you are doing one color then you can leave it all in the bowl it is in.) Add a few drops of color to each bowl and mix thoroughly.
5. Fill each mold with the bath bomb mixture. If you are using plastic eggs, fill each half with mixture and close together. You can do a combination of colors, layer colors or do a solid color.
6. Let the bath bomb dry for 24 hours in the molds.

*Many Bath Bomb Recipes use Citric Acid but you don't need citric acid to make bath bombs. A Bath Bomb Recipe without Citric Acid contains that magical ingredient Cream of Tartar (also used for making play dough nice and smooth). If you watched our video in March and have some Cream of Tartar left from making our homemade play dough, you can make bath bombs by substituting Cream of Tartar. In this recipe you can substitute ½ cup of Cream of Tartar for the 1 cup Citric Acid. Your bath will not fizz as much but will still have some fizz to it.